

YOGA TIMETABLE

FZEEN

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
8:00		SUNRISE HATHA			SUNRISE HATHA	
10:15	CREATIVE FLOW L2		FLYHIGH YOGA*	YIN RELAX & RELEASE	CREATIVE FLOW L2	FLYHIGH YOGA*
18:00	YIN RELAX & RELEASE			SUNSET FLOW		



€ 10 PER CLASS

€ 40 PRIVATE SESSION (up to 2 people)

L2 A DYNAMIC CLASS SUITED FOR INTERMEDIATE PRACTITIONERS *

LIMITED AVAILABILITY

PLEASE BOOK IN ADVANCE AT THE FRONT DESK