

October Retreat Tailored to You



Take advantage of our special offer for a limited time only (1st October until the beginning of November) where you can stay with us for an exceptional daily rate.

Daily Rate

Classic Garden Retreat Single	€220
Classic Garden Retreat Shared	€135
Classic Retreat Single	€250
Classic Retreat Shared	€149
Superior Retreat Single	€275
Superior Retreat Shared	€165
Superior Raw Retreat Side View Single	€275
Superior Raw Retreat Side View Shared	€160
Superior Raw Retreat Single	€299
Superior Raw Retreat Shared	€175

**Please note that all Classic Garden and Classic Retreats only have double bed options. Superior Retreats have double or twin options. Prices are per person.

What this includes:

- Freshly prepared breakfast buffet each morning along with à la carte options
- Organic Vegetarian Lunch from our garden, served in our Gaia Restaurant
- Dinner each evening in our Selini Restaurant
- Your choice of a smoothie or juice each day in our Gaia Bar
- Daily Yoga, Fitness, Qi Gong and Meditation classes (all optional)
- 10% discount on any additional dining, boutique purchases and spa treatments
- 10% discount on accommodation
- Organic amenities in the room
- Use of our Kayaks, Stand Up Paddle Boards and Bicycles
- Use of our Outdoor Gym, Yoga Decks and Outdoor Cinema





What a typical day at the retreat looks like:

7.00 Guided Hike

8.00 Fitness Session or Yoga Class

9.30 Breakfast

12.00 Qi Gong

13.30 Lunch

Time to relax by the pool, use our kayaks, stand up paddle boards or bicycles, book an appointment at our spa or visit our boutique shop

17.00 Yin Yoga

18.00 Evening Meditation

19.00 Dinner

20.00 Outdoor Cinema Evening

**Please note that this schedule is an example and is subject to change

Contact

For more information or to make a booking please email reservations@uniquekefalonia.com